# Symplectic embeddings into disk cotangent bundles of spheres

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$$(\mathbb{C}P^n, \omega_{FS}), (\Sigma, \omega_{area}), \ldots$$

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The first obstruction is the volume:  $Vol(M_1) \leq Vol(M_2)$ , are there others?

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# Theorem (Gromov, 1985) $B^{2n}(r) \stackrel{s}{\hookrightarrow} Z^{2n}(R) \iff r \le R.$

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Symplectic embeddings  $\neq$  Volume preserving embeddings

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 for all  $\alpha \in \mathbb{R} \setminus \{0\}$ ,

•  $c(B^{2n}(r), \omega_0) > 0$  and  $c(Z^{2n}(r), \omega_0) < \infty$ .

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Other examples of symplectic capacities:

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- ECH capacities  $c_k^{ECH}$  (Hutchings) only in dimension 4.

• Ellipsoids (Hutchings):

$$E(a,b) = \left\{ (z_1,z_2) \in \mathbb{C}^2 \mid \pi\left(\frac{|z_1|^2}{a} + \frac{|z_2|^2}{b}\right) < 1 \right\}.$$

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$$(c_k(D^*S_{ZoII},\omega_{can}))_k = (0,2\ell^{\times 3},4\ell^{\times 5},6\ell^{\times 7},8\ell^{\times 9},\ldots),$$

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- Disk cotangent bundles of Zoll spheres (F., Ramos, Vicente):  $D^*S_{Zoll} = \{(q, p) \in T^*S \mid ||p|| < 1\}.$ Then

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where  $\ell$  is the length of any simple closed geodesic on  $S_{Zoll}$ . It agrees with the "even multiples" that appears in the sequence for the ball  $B(\ell)$ .

### Toric domains

A subset  $\Omega \subset (\mathbb{R}_{\geq 0})^2$  gives rise to a domain:

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Fix  $(M^{2n}, \omega)$  and let  $F = (H^1, \ldots, H^n) : M \to \mathbb{R}^n$  whose components Poisson commute, i.e.,  $\{H_i, H_j\} := \omega(X_{H_i}, X_{H_j}) = 0$ .

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- If  $c \in \mathbb{R}^n$  is a regular value of F and  $F^{-1}(c)$  is compact and connected, then  $F^{-1}(c) \cong \mathbb{T}^n$ .
- Let U be a simply-connected open set of regular points. For  $c \in F(U)$ , let  $\{\gamma_1^c, \ldots, \gamma_n^c\}$  be simple closed curves generating  $H_1(F^{-1}(c); \mathbb{Z})$  and suppose  $\omega = d\lambda$  on U. Let

$$\phi(\mathbf{c}) = \left(\int_{\gamma_1^{\mathbf{c}}} \lambda, \ldots, \int_{\gamma_n^{\mathbf{c}}} \lambda\right).$$

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Then there exists a symplectomorphism  $\Phi : (U, \omega) \to (\phi(U) \times \mathbb{T}^n, \omega_0)$  such that the following diagram commutes.

# Some toric domains in disguise

Theorem

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- The  $\ell_p$ -sum of two disks

$$\mathbb{X}_{p} := \{ (\mathbf{x}, \mathbf{y}) \in \mathbb{R}^{2} imes \mathbb{R}^{2} \mid \|\mathbf{x}\|^{p} + \|\mathbf{y}\|^{p} < 1 \}$$

is symplectomorphic to a toric domain which is convex for  $p \in [1, 2]$ and concave for  $p \in [2, \infty]$ . (Ostrover, Ramos 2020)

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• The Lagrangian product of a hypercube and a symmetric region in  $\mathbb{R}^{2n}$  is symplectomorphic to a toric domain. (Ramos, Sepe, 2019)

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The Reeb vector field  $R_{\lambda}$  is the unique vector field defined by the equations  $i_{R_{\lambda}}d\lambda = 0$  and  $\lambda(R_{\lambda}) \equiv 1$ .

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#### Fact - exercise

Reeb vector field  $R_{\lambda}$  on  $(S^*N, \lambda)$  is dual to the geodesic vector field on SN via  $g^b: TN \to T^*N$ .

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Moreover, all of these embeddings are sharp. In particular,

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Proof Idea: Using action-angle coordinates from Arnold–Liouville Theorem we prove that  $D^*\Sigma$  is symplectomorphic to  $B(2\pi)$  for any hemisphere  $\Sigma \subset S^2$ 

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•  $(E(2\pi, 4\pi), \omega_0) \hookrightarrow (D^*S^2, \omega_{can});$   
•  $(P(2\pi, 2\pi), \omega_0) \hookrightarrow (D^*S^2, \omega_{can}).$ 

Moreover, all of these embeddings are sharp. In particular,

$$c_{Gr}(D^*S^2,\omega_{can})=c_{Gr}(D^*\mathbb{R}P^2,\omega_{can})=2\pi.$$

Proof Idea: Using action-angle coordinates from Arnold–Liouville Theorem we prove that  $D^*\Sigma$  is symplectomorphic to  $B(2\pi)$  for any hemisphere  $\Sigma \subset S^2$  and  $D^*(S^2 \setminus \{q\})$  is symplectomorphic to  $P(2\pi, 2\pi)$  for any point  $q \in S^2$ .  $\Box$ 

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Let  $S \subset \mathbb{R}^3$  be a sphere of revolution with a unique equator. Then there exists a toric domain  $\mathbb{X}_{\Omega_S}$  such that  $(D^*(S \setminus \{P_N\}), \omega_{can})$  is symplectomorphic to  $(int \mathbb{X}_{\Omega_S}, \omega_0)$ .

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# Toric image

In fact, if S is obtained revolving the graph of a function u around the z-axis,  $\Omega_S \subset \mathbb{R}^2_{\geq 0}$  given in the Theorem is the region bounded by the coordinate axis and the curve parametrized by

$$\begin{cases} (f_{S}(j), f_{S}(j) + j), \text{ if } 0 \leq j \leq 2\pi u(z_{0}), \\ (f_{S}(-j) - j, f_{S}(-j)), \text{ if } -2\pi u(z_{0}) \leq j \leq 0, \end{cases}$$

for the function

$$f_{\mathcal{S}}(j) = 2 \int_{z_{-}(1,j)}^{z_{+}(1,j)} \sqrt{\left(1 - \frac{j^{2}}{4\pi^{2}u(z)^{2}}\right)(u'(z)^{2} + 1)} dz.$$

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If  $S \subset \mathbb{R}^3$  is a Zoll sphere of revolution, then  $\mathbb{X}_{\Omega_S}$  is the symplectic bidisk  $P(\ell, \ell)$ , where  $\ell$  is the length of any simple closed geodesic on S.

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i.e.,  $\Omega_{\boldsymbol{\mathcal{S}}} = [0,\ell] \times [0,\ell].$ 

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It yields  $c_{Gr}(D^*S, \omega_{can}) \leq \ell$ .  $\Box$ 

### Ellipsoids of revolution

For a, b, c > 0, let  $\mathcal{E}(a, b, c) \subset \mathbb{R}^3$  be the ellipsoid defined by the equation:

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Gromov width of  $D^*\mathcal{E}(1, 1, c)$ Theorem (F., Ramos, Vicente) The Gromov width of  $D^*\mathcal{E}(1, 1, c)$  is given by

$$c_{Gr}(D^*\mathcal{E}(1,1,c),\omega_{can}) = egin{cases} lpha(c), \ for \ 0 < c < 1/2, \ 2\pi, \ for \ 1/2 \leq c \leq 1, \ eta(c), \ for \ 1 < c < c_0, \ 4\pi, \ for \ c \geq c_0. \end{cases}$$

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Figure: Graph of function  $c \mapsto c_{Gr}(D^*\mathcal{E}(1,1,c),\omega_{can})$ .

A different embedding problem - comparing metrics on  $S^2$ 

Let  $g_0$  be the round metric on  $S^2 \subset \mathbb{R}^3$ .

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Given a metric g on  $S^2$ , compute the number

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Note that we have the upper bound

$$R_0 = \max_{
u \in D_g^* S^2} \sqrt{g_0(
u,
u)} = \max_{\|
u\|_g = 1} \sqrt{g_0(
u,
u)}$$

obtained by the inclusion.

### A computation and immediate consequence

### Theorem (F.)

Let  $(S^2, g)$  be a Riemannian sphere such that  $1/4 < K \le 1$ , where K is the sectional curvature. Hence

$$c_1(D_g^*S^2,\omega_{can})=2L,$$
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#### Corollary

Let  $(S^2, g)$  be a Riemannian sphere such that  $1/4 < K \leq 1$ . The existence of a symplectic embedding

$$(D_g^*S^2, \omega_{can}) \hookrightarrow (D_{g_0}^*S^2(r), \omega_{can}),$$

forces the inequality  $L \leq 2\pi r$ . In particular,  $L \leq 2\pi R_0$ .

Some related results:

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- (Rotman 2005):  $L \le 4$  diam for any Riemmanian metric;
- (Adelstein, Pallete 2020):  $L \leq 3 diam$  for Riemannian metrics with  $K \geq 0$ .

# Thank you!