

# The Toda lattice and the Viterbo conjecture

Vinicius G. B. Ramos

Instituto de Matemática Pura e Aplicada, Rio de Janeiro

# Classical mechanics

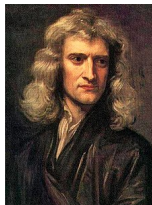
- ▶ Newton:  $m\ddot{q}(t) = F(q(t))$

# Classical mechanics

- ▶ Newton:  $m\ddot{q}(t) = F(q(t)) = -\nabla U(q(t))$ ,  
 $q(t) \in \mathbb{R}^n$

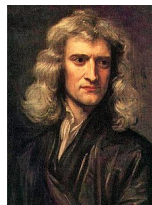
# Classical mechanics

- ▶ Newton:  $m\ddot{q}(t) = F(q(t)) = -\nabla U(q(t))$ ,  
 $q(t) \in \mathbb{R}^n$



# Classical mechanics

- ▶ Newton:  $m\ddot{q}(t) = F(q(t)) = -\nabla U(q(t))$ ,  
 $q(t) \in \mathbb{R}^n$
- ▶ Hamiltonian formulation:
  - ▶  $(q(t), p(t)) \in \mathbb{R}^n \times \mathbb{R}^n$



# Classical mechanics

- ▶ Newton:  $m\ddot{q}(t) = F(q(t)) = -\nabla U(q(t))$ ,  
 $q(t) \in \mathbb{R}^n$
- ▶ Hamiltonian formulation:
  - ▶  $(q(t), p(t)) \in \mathbb{R}^n \times \mathbb{R}^n$
  - ▶ 
$$\begin{cases} \dot{q}(t) = \frac{1}{m}p(t) \\ \dot{p}(t) = -\nabla U(q(t)) \end{cases}$$



# Classical mechanics

- ▶ Newton:  $m\ddot{q}(t) = F(q(t)) = -\nabla U(q(t))$ ,  
 $q(t) \in \mathbb{R}^n$
- ▶ Hamiltonian formulation:
  - ▶  $(q(t), p(t)) \in \mathbb{R}^n \times \mathbb{R}^n$
  - ▶ 
$$\begin{cases} \dot{q}(t) = \frac{1}{m}p(t) \\ \dot{p}(t) = -\nabla U(q(t)) \end{cases}$$
  - ▶  $H(q, p) = \frac{1}{2m}|p|^2 + U(q)$



# Classical mechanics

▶ Newton:  $m\ddot{q}(t) = F(q(t)) = -\nabla U(q(t))$ ,  
 $q(t) \in \mathbb{R}^n$

▶ Hamiltonian formulation:

▶  $(q(t), p(t)) \in \mathbb{R}^n \times \mathbb{R}^n$

$$\left\{ \begin{array}{l} \dot{q}(t) = \frac{1}{m}p(t) \\ \dot{p}(t) = -\nabla U(q(t)) \end{array} \right.$$

▶  $H(q, p) = \frac{1}{2m}|p|^2 + U(q)$

$$\left\{ \begin{array}{l} \dot{q} = \frac{\partial H}{\partial p} \\ \dot{p} = -\frac{\partial H}{\partial q} \end{array} \right.$$





# Hamiltonian dynamics

▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .
- ▶  $X_H = J\nabla H$ , where  $J = \begin{pmatrix} 0 & I \\ -I & 0 \end{pmatrix}$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .
- ▶  $X_H = J\nabla H$ , where  $J = \begin{pmatrix} 0 & I \\ -I & 0 \end{pmatrix}$ .
- ▶  $dH(X_H) = \langle \nabla H, X_H \rangle = \langle \nabla H, J\nabla H \rangle = 0$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .
- ▶  $X_H = J\nabla H$ , where  $J = \begin{pmatrix} 0 & I \\ -I & 0 \end{pmatrix}$ .
- ▶  $dH(X_H) = \langle \nabla H, X_H \rangle = \langle \nabla H, J\nabla H \rangle = 0$ .
- ▶ Flow of  $X_H$  preserves  $H$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .
- ▶  $X_H = J\nabla H$ , where  $J = \begin{pmatrix} 0 & I \\ -I & 0 \end{pmatrix}$ .
- ▶  $dH(X_H) = \langle \nabla H, X_H \rangle = \langle \nabla H, J\nabla H \rangle = 0$ .
- ▶ Flow of  $X_H$  preserves  $H$ .
- ▶ Let  $\omega(v, w) = \langle v, Jw \rangle$ .

# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .
- ▶  $X_H = J\nabla H$ , where  $J = \begin{pmatrix} 0 & I \\ -I & 0 \end{pmatrix}$ .
- ▶  $dH(X_H) = \langle \nabla H, X_H \rangle = \langle \nabla H, J\nabla H \rangle = 0$ .
- ▶ Flow of  $X_H$  preserves  $H$ .
- ▶ Let  $\omega(v, w) = \langle v, Jw \rangle$ .
- ▶  $\omega$  is closed non-degenerate 2-form.



# Hamiltonian dynamics

- ▶  $(q, p) \in \mathbb{R}^n \times \mathbb{R}^n = \mathbb{R}^{2n}$ .
- ▶ Hamiltonian:  $H \in C^\infty(\mathbb{R}^{2n})$ .
- ▶ Let  $X_H = \left( \frac{\partial H}{\partial p}, -\frac{\partial H}{\partial q} \right)$ .
- ▶  $X_H = J\nabla H$ , where  $J = \begin{pmatrix} 0 & I \\ -I & 0 \end{pmatrix}$ .
- ▶  $dH(X_H) = \langle \nabla H, X_H \rangle = \langle \nabla H, J\nabla H \rangle = 0$ .
- ▶ Flow of  $X_H$  preserves  $H$ .
- ▶ Let  $\omega(v, w) = \langle v, Jw \rangle$ .
- ▶  $\omega$  is closed non-degenerate 2-form.
- ▶  $\omega = \sum_{i=1}^n dq_i \wedge dp_i$ .

# Symplectic topology

# Symplectic topology

## Question 1

Given  $X_1, X_2 \subset \mathbb{R}^{2n}$ , does there exist a **diffeomorphism**

$\varphi : X_1 \rightarrow X_2$  such that

$$\varphi^* \omega = \omega?$$

# Symplectic topology

## Question 1

Given  $X_1, X_2 \subset \mathbb{R}^{2n}$ , does there exist a **diffeomorphism**

$\varphi : X_1 \rightarrow X_2$  such that

$$\varphi^* \omega = \omega?$$

$$\{q_1^2 + p_1^2 < 1\} \cong \left\{ \frac{q_1^2}{a^2} + a^2 p_1^2 < 1 \right\} \subset \mathbb{R}^2, \quad \text{for all } a > 0.$$

# Symplectic topology

## Question 1

Given  $X_1, X_2 \subset \mathbb{R}^{2n}$ , does there exist a **diffeomorphism**

$\varphi : X_1 \rightarrow X_2$  such that

$$\varphi^* \omega = \omega?$$

$$\{q_1^2 + p_1^2 < 1\} \cong \left\{ \frac{q_1^2}{a^2} + a^2 p_1^2 < 1 \right\} \subset \mathbb{R}^2, \quad \text{for all } a > 0.$$

## Question 2

Given  $X_1, X_2 \subset \mathbb{R}^{2n}$ , does there exist an **embedding**  $\varphi : X_1 \hookrightarrow X_2$  such that  $\varphi^* \omega = \omega$ ?

# Symplectic topology

## Question 1

Given  $X_1, X_2 \subset \mathbb{R}^{2n}$ , does there exist a **diffeomorphism**  $\varphi : X_1 \rightarrow X_2$  such that

$$\varphi^* \omega = \omega?$$

$$\{q_1^2 + p_1^2 < 1\} \cong \left\{ \frac{q_1^2}{a^2} + a^2 p_1^2 < 1 \right\} \subset \mathbb{R}^2, \quad \text{for all } a > 0.$$

## Question 2

Given  $X_1, X_2 \subset \mathbb{R}^{2n}$ , does there exist an **embedding**  $\varphi : X_1 \hookrightarrow X_2$  such that  $\varphi^* \omega = \omega$ ?

If it exists, we write  $X_1 \xrightarrow{s} X_2$ .

# Symplectic embeddings

## Symplectic embeddings

$$\omega^n = \omega \wedge \cdots \wedge \omega = n! dq_1 \wedge dp_1 \wedge \cdots \wedge dq_n \wedge dp_n.$$



## Symplectic embeddings

$$\omega^n = \omega \wedge \cdots \wedge \omega = n! dq_1 \wedge dp_1 \wedge \cdots \wedge dq_n \wedge dp_n.$$

If  $\varphi^*\omega = \omega$ , then  $\varphi^*(\omega^n) = \omega^n$ .

## Symplectic embeddings

$$\omega^n = \omega \wedge \cdots \wedge \omega = n! dq_1 \wedge dp_1 \wedge \cdots \wedge dq_n \wedge dp_n.$$

If  $\varphi^*\omega = \omega$ , then  $\varphi^*(\omega^n) = \omega^n$ .

Let

$$B^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid |q|^2 + |p|^2 < r^2\}$$

## Symplectic embeddings

$$\omega^n = \omega \wedge \cdots \wedge \omega = n! dq_1 \wedge dp_1 \wedge \cdots \wedge dq_n \wedge dp_n.$$

If  $\varphi^*\omega = \omega$ , then  $\varphi^*(\omega^n) = \omega^n$ .

Let

$$B^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid |q|^2 + |p|^2 < r^2\}$$

$$Z^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid q_1^2 + p_1^2 < r^2\}$$

# Symplectic embeddings

$$\omega^n = \omega \wedge \cdots \wedge \omega = n! dq_1 \wedge dp_1 \wedge \cdots \wedge dq_n \wedge dp_n.$$

If  $\varphi^*\omega = \omega$ , then  $\varphi^*(\omega^n) = \omega^n$ .

Let

$$B^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid |q|^2 + |p|^2 < r^2\}$$

$$Z^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid q_1^2 + p_1^2 < r^2\} = B^2(r) \times \mathbb{R}^{2n-2}.$$

# Symplectic embeddings

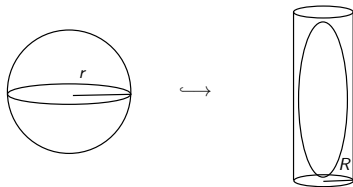
$$\omega^n = \omega \wedge \cdots \wedge \omega = n! dq_1 \wedge dp_1 \wedge \cdots \wedge dq_n \wedge dp_n.$$

If  $\varphi^*\omega = \omega$ , then  $\varphi^*(\omega^n) = \omega^n$ .

Let

$$B^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid |q|^2 + |p|^2 < r^2\}$$

$$Z^{2n}(r) = \{(q, p) \in \mathbb{R}^{2n} \mid q_1^2 + p_1^2 < r^2\} = B^2(r) \times \mathbb{R}^{2n-2}.$$



# Nonsqueezing

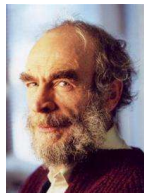
Gromov's nonsqueezing theorem, 1985

$$B^{2n}(r) \xrightarrow{s} Z^{2n}(R) \iff r \leq R.$$

# Nonsqueezing

Gromov's nonsqueezing theorem, 1985

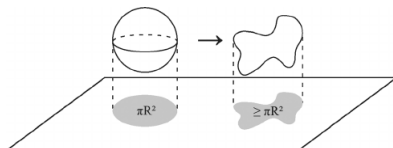
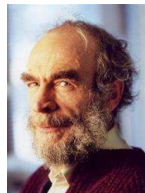
$$B^{2n}(r) \xrightarrow{S} Z^{2n}(R) \iff r \leq R.$$



# Nonsqueezing

Gromov's nonsqueezing theorem, 1985

$$B^{2n}(r) \xrightarrow{S} Z^{2n}(R) \iff r \leq R.$$

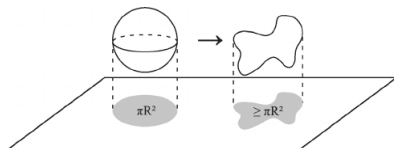
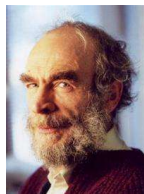




# Nonsqueezing

Gromov's nonsqueezing theorem, 1985

$$B^{2n}(r) \xrightarrow{s} Z^{2n}(R) \iff r \leq R.$$

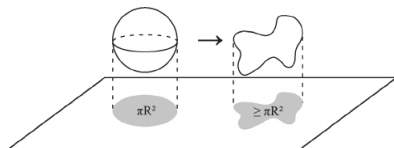
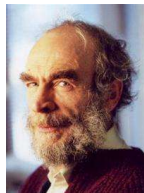


$$B^{2n}(r) \xrightarrow{s} \tilde{Z}^{2n}(\varepsilon) = \{(q, p) \in \mathbb{R}^{2n} \mid q_1^2 + q_2^2 < \varepsilon^2\}, \quad \forall r, \varepsilon > 0.$$

# Nonsqueezing

Gromov's nonsqueezing theorem, 1985

$$B^{2n}(r) \xrightarrow{s} Z^{2n}(R) \iff r \leq R.$$



$$B^{2n}(r) \xrightarrow{s} \tilde{Z}^{2n}(\varepsilon) = \{(q, p) \in \mathbb{R}^{2n} \mid q_1^2 + q_2^2 < \varepsilon^2\}, \quad \forall r, \varepsilon > 0.$$

$$\omega = \sum_i dq_i \wedge dp_i.$$

# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

- ▶  $c(rX) = r^2 c(X)$  for all  $r > 0$ ,

# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

- ▶  $c(rX) = r^2 c(X)$  for all  $r > 0$ ,
- ▶  $X_1 \xrightarrow{s} X_2 \Rightarrow c(X_1) \leq c(X_2)$ ,

# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

- ▶  $c(rX) = r^2 c(X)$  for all  $r > 0$ ,
- ▶  $X_1 \xrightarrow{s} X_2 \Rightarrow c(X_1) \leq c(X_2)$ ,
- ▶  $c(B^{2n}(r)) > 0$  and  $c(Z^{2n}(r)) < \infty$ .

# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

- ▶  $c(rX) = r^2 c(X)$  for all  $r > 0$ ,
- ▶  $X_1 \xrightarrow{s} X_2 \Rightarrow c(X_1) \leq c(X_2)$ ,
- ▶  $c(B^{2n}(r)) > 0$  and  $c(Z^{2n}(r)) < \infty$ .

$c$  is said to be normalized if

# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

- ▶  $c(rX) = r^2 c(X)$  for all  $r > 0$ ,
- ▶  $X_1 \xrightarrow{s} X_2 \Rightarrow c(X_1) \leq c(X_2)$ ,
- ▶  $c(B^{2n}(r)) > 0$  and  $c(Z^{2n}(r)) < \infty$ .

$c$  is said to be normalized if

$$c(B^{2n}(r)) = c(Z^{2n}(r)) = \pi r^2.$$



# Symplectic capacities

## Definition

A symplectic capacity is a function  $c : \mathcal{P}(\mathbb{R}^{2n}) \rightarrow [0, +\infty]$  satisfying

- ▶  $c(rX) = r^2 c(X)$  for all  $r > 0$ ,
- ▶  $X_1 \xrightarrow{s} X_2 \Rightarrow c(X_1) \leq c(X_2)$ ,
- ▶  $c(B^{2n}(r)) > 0$  and  $c(Z^{2n}(r)) < \infty$ .

$c$  is said to be normalized if

$$c(B^{2n}(r)) = c(Z^{2n}(r)) = \pi r^2.$$

The existence of a normalized symplectic capacity is equivalent to Gromov's nonsqueezing theorem.

## Symplectic capacities

The simplest capacities are

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{S} X\} \quad (\text{Gromov width}),$$

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

Other examples of normalized capacities:

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

Other examples of normalized capacities:

- ▶ First Ekeland-Hofer capacity  $c_1^{EH}$  (1989),

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

Other examples of normalized capacities:

- ▶ First Ekeland-Hofer capacity  $c_1^{EH}$  (1989),
- ▶ Hofer-Zehnder capacity  $c_{HZ}$  (1994),



## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

Other examples of normalized capacities:

- ▶ First Ekeland-Hofer capacity  $c_1^{EH}$  (1989),
- ▶ Hofer-Zehnder capacity  $c_{HZ}$  (1994),
- ▶ Floer-Hofer capacity  $c_{SH}$  (1994),

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

Other examples of normalized capacities:

- ▶ First Ekeland-Hofer capacity  $c_1^{EH}$  (1989),
- ▶ Hofer-Zehnder capacity  $c_{HZ}$  (1994),
- ▶ Floer-Hofer capacity  $c_{SH}$  (1994),
- ▶ First contact homology capacity  $c_1^{CH}$  (Gutt-Hutchings 2018),

## Symplectic capacities

The simplest capacities are

$$c_{Gr}(X) = \sup\{\pi r^2 \mid B^{2n}(r) \xrightarrow{s} X\} \quad (\text{Gromov width}),$$

$$c_Z(X) = \inf\{\pi r^2 \mid X \xrightarrow{s} Z^{2n}(r)\} \quad (\text{cylindrical capacity}).$$

It is easy to check that if  $c$  is a normalized capacity, then

$$c_{Gr}(X) \leq c(X) \leq c_Z(X).$$

Other examples of normalized capacities:

- ▶ First Ekeland-Hofer capacity  $c_1^{EH}$  (1989),
- ▶ Hofer-Zehnder capacity  $c_{HZ}$  (1994),
- ▶ Floer-Hofer capacity  $c_{SH}$  (1994),
- ▶ First contact homology capacity  $c_1^{CH}$  (Gutt-Hutchings 2018),
- ▶ First embedded contact homology capacity  $c_1^{ECH}$  (Hutchings 2011) - only in dimension 4.

# The Viterbo conjecture

## Exercise

For any compact set  $X$ ,

$$\frac{c_{Gr}(X)^n}{n!} \leq \text{vol}(X).$$

# The Viterbo conjecture

## Exercise

For any compact set  $X$ ,

$$\frac{c_{Gr}(X)^n}{n!} \leq \text{vol}(X).$$

**Idea:** If  $c_{Gr}(X) = \pi r^2$ , then  $(1 - \epsilon)B^{2n}(r) \overset{s}{\hookrightarrow} X$ .

# The Viterbo conjecture

## Exercise

For any compact set  $X$ ,

$$\frac{c_{Gr}(X)^n}{n!} \leq \text{vol}(X).$$

**Idea:** If  $c_{Gr}(X) = \pi r^2$ , then  $(1 - \epsilon)B^{2n}(r) \overset{s}{\hookrightarrow} X$ .

So  $\text{vol}((1 - \epsilon)B^{2n}(r)) \leq \text{vol}(X)$ .

# The Viterbo conjecture

## Exercise

For any compact set  $X$ ,

$$\frac{c_{Gr}(X)^n}{n!} \leq \text{vol}(X).$$

**Idea:** If  $c_{Gr}(X) = \pi r^2$ , then  $(1 - \epsilon)B^{2n}(r) \xrightarrow{s} X$ .

So  $\text{vol}((1 - \epsilon)B^{2n}(r)) \leq \text{vol}(X)$ .

## Conjecture (Viterbo)

If  $X \subset \mathbb{R}^{2n}$  is a compact and convex set and  $c$  is a normalized symplectic capacity, then

$$\frac{c(X)^n}{n!} \leq \text{vol}(X).$$

# The Viterbo conjecture

## Exercise

For any compact set  $X$ ,

$$\frac{c_{Gr}(X)^n}{n!} \leq \text{vol}(X).$$

**Idea:** If  $c_{Gr}(X) = \pi r^2$ , then  $(1 - \epsilon)B^{2n}(r) \xrightarrow{s} X$ .

So  $\text{vol}((1 - \epsilon)B^{2n}(r)) \leq \text{vol}(X)$ .

## Conjecture (Viterbo)

If  $X \subset \mathbb{R}^{2n}$  is a compact and convex set and  $c$  is a normalized symplectic capacity, then

$$\frac{c(X)^n}{n!} \leq \text{vol}(X).$$

Moreover equality holds if, and only if,  $X$  is symplectomorphic to a ball.



## Minimal action

If  $X$  is a compact and convex set of  $\mathbb{R}^{2n}$  with smooth boundary, let  $A_{min}(X)$  denote the shortest period of a closed characteristic on  $\partial X$ .

## Minimal action

If  $X$  is a compact and convex set of  $\mathbb{R}^{2n}$  with smooth boundary, let  $A_{min}(X)$  denote the shortest period of a closed characteristic on  $\partial X$ .

### Theorem (EH, HZ, Abbondandolo–Kang, Irie)

If  $X$  is a compact and convex set with smooth boundary, then

$$c_1^{EH}(X) = c_{HZ}(X) = c_{SH}(X) = c_1^{CH}(X) = A_{min}(X).$$

## Minimal action

If  $X$  is a compact and convex set of  $\mathbb{R}^{2n}$  with smooth boundary, let  $A_{min}(X)$  denote the shortest period of a closed characteristic on  $\partial X$ .

### Theorem (EH, HZ, Abbondandolo–Kang, Irie)

If  $X$  is a compact and convex set with smooth boundary, then

$$c_1^{EH}(X) = c_{HZ}(X) = c_{SH}(X) = c_1^{CH}(X) = A_{min}(X).$$

### Weak Viterbo conjecture

If  $X$  is a compact and convex set of  $\mathbb{R}^{2n}$  with smooth boundary, then

$$\frac{A_{min}(X)^n}{n!} \leq \text{vol}(X).$$

## Minimal action

If  $X$  is a compact and convex set of  $\mathbb{R}^{2n}$  with smooth boundary, let  $A_{min}(X)$  denote the shortest period of a closed characteristic on  $\partial X$ .

### Theorem (EH, HZ, Abbondandolo–Kang, Irie)

If  $X$  is a compact and convex set with smooth boundary, then

$$c_1^{EH}(X) = c_{HZ}(X) = c_{SH}(X) = c_1^{CH}(X) = A_{min}(X).$$

### Weak Viterbo conjecture

If  $X$  is a compact and convex set of  $\mathbb{R}^{2n}$  with smooth boundary, then

$$\frac{A_{min}(X)^n}{n!} \leq \text{vol}(X).$$

### Strong Viterbo conjecture

All normalized capacities coincide on convex sets.

# Mahler's conjecture

## Conjecture (Mahler)

Let  $K$  be a centrally symmetric, compact and convex set in  $\mathbb{R}^n$ .

# Mahler's conjecture

## Conjecture (Mahler)

Let  $K$  be a centrally symmetric, compact and convex set in  $\mathbb{R}^n$ . Then

$$\text{vol}(K) \cdot \text{vol}(K^\circ) \geq \frac{4^n}{n!}.$$

# Mahler's conjecture

## Conjecture (Mahler)

Let  $K$  be a centrally symmetric, compact and convex set in  $\mathbb{R}^n$ . Then

$$\text{vol}(K) \cdot \text{vol}(K^\circ) \geq \frac{4^n}{n!}.$$

Moreover, equality is attained if, and only if,  $K$  is a Hanner polytope.

# Mahler's conjecture

## Conjecture (Mahler)

Let  $K$  be a centrally symmetric, compact and convex set in  $\mathbb{R}^n$ . Then

$$\text{vol}(K) \cdot \text{vol}(K^\circ) \geq \frac{4^n}{n!}.$$

Moreover, equality is attained if, and only if,  $K$  is a Hanner polytope.

## Theorem (Artstein-Avidan, Karasev, Ostrover 2014)

*The weak Viterbo conjecture implies the Mahler conjecture.*



# Mahler's conjecture

## Conjecture (Mahler)

Let  $K$  be a centrally symmetric, compact and convex set in  $\mathbb{R}^n$ . Then

$$\text{vol}(K) \cdot \text{vol}(K^\circ) \geq \frac{4^n}{n!}.$$

Moreover, equality is attained if, and only if,  $K$  is a Hanner polytope.

## Theorem (Artstein-Avidan, Karasev, Ostrover 2014)

*The weak Viterbo conjecture implies the Mahler conjecture.*

**Main idea:**  $c_{HZ}(K \times K^\circ) = 4$ .

# Mahler's conjecture

## Conjecture (Mahler)

Let  $K$  be a centrally symmetric, compact and convex set in  $\mathbb{R}^n$ . Then

$$\text{vol}(K) \cdot \text{vol}(K^\circ) \geq \frac{4^n}{n!}.$$

Moreover, equality is attained if, and only if,  $K$  is a Hanner polytope.

## Theorem (Artstein-Avidan, Karasev, Ostrover 2014)

*The weak Viterbo conjecture implies the Mahler conjecture.*

**Main idea:**  $c_{HZ}(K \times K^\circ) = 4$ .

Strong Viterbo  $\Rightarrow$  Viterbo  $\Rightarrow$  Weak Viterbo  $\Rightarrow$  Mahler

# Toric domains

## Definition

A **toric domain**  $X_\Omega \subset \mathbb{C}^n$  is a set of the form  $X_\Omega = \mu^{-1}(\Omega)$  where  $\Omega \subset \mathbb{R}_{\geq 0}^n$  is star-shaped with respect with 0 and

$$\mu : \mathbb{C}^n \rightarrow \mathbb{R}^n \quad \mu(z_1, \dots, z_n) = (\pi|z_1|^2, \dots, \pi|z_n|^2)$$

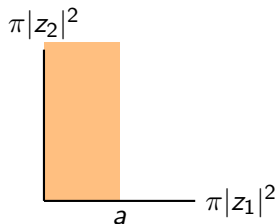
# Toric domains

## Definition

A **toric domain**  $X_\Omega \subset \mathbb{C}^n$  is a set of the form  $X_\Omega = \mu^{-1}(\Omega)$  where  $\Omega \subset \mathbb{R}_{\geq 0}^n$  is star-shaped with respect with 0 and

$$\mu : \mathbb{C}^n \rightarrow \mathbb{R}^n \quad \mu(z_1, \dots, z_n) = (\pi|z_1|^2, \dots, \pi|z_n|^2)$$

## Example (Cylinder)



$$Z(a) := \{(z_1, z_2) \in \mathbb{C}^2 \mid \pi|z_1|^2 \leq a\}$$

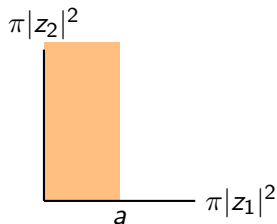
# Toric domains

## Definition

A **toric domain**  $X_\Omega \subset \mathbb{C}^n$  is a set of the form  $X_\Omega = \mu^{-1}(\Omega)$  where  $\Omega \subset \mathbb{R}_{\geq 0}^n$  is star-shaped with respect with 0 and

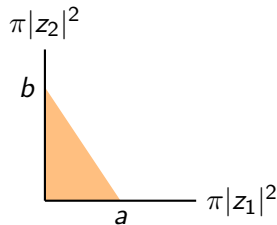
$$\mu : \mathbb{C}^n \rightarrow \mathbb{R}^n \quad \mu(z_1, \dots, z_n) = (\pi|z_1|^2, \dots, \pi|z_n|^2)$$

## Example (Cylinder)



$$Z(a) := \{(z_1, z_2) \in \mathbb{C}^2 \mid \pi|z_1|^2 \leq a\}$$

## Example (Ellipsoid)



$$E(a, b) := \{(z_1, z_2) \in \mathbb{C}^2 \mid \frac{\pi|z_1|^2}{a} + \frac{\pi|z_2|^2}{b} \leq 1\}$$

# Monotone toric domains

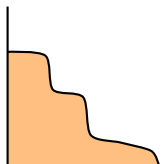
## Definition

A toric domain  $X_\Omega \subset \mathbb{R}^{2n}$  is called *monotone* if for each point  $p \in \partial\Omega \setminus \{x_i = 0, \text{ for some } i\}$ , the normal vector  $\nu = (\nu_1, \dots, \nu_n)$  satisfies  $\nu_i \geq 0$  for every  $i$ .

# Monotone toric domains

## Definition

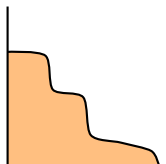
A toric domain  $X_\Omega \subset \mathbb{R}^{2n}$  is called *monotone* if for each point  $p \in \partial\Omega \setminus \{x_i = 0, \text{ for some } i\}$ , the normal vector  $\nu = (\nu_1, \dots, \nu_n)$  satisfies  $\nu_i \geq 0$  for every  $i$ .



# Monotone toric domains

## Definition

A toric domain  $X_\Omega \subset \mathbb{R}^{2n}$  is called *monotone* if for each point  $p \in \partial\Omega \setminus \{x_i = 0, \text{ for some } i\}$ , the normal vector  $\nu = (\nu_1, \dots, \nu_n)$  satisfies  $\nu_i \geq 0$  for every  $i$ .



## Remark

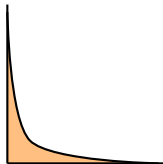
If  $X_\Omega$  is monotone, then it can be approximated by a toric domains which are bounded by the coordinate hyperplanes and a the graph of a non-negative smooth function  $f : \Omega' \subset \mathbb{R}_{\geq 0}^n \rightarrow \mathbb{R}_{\geq 0}$  whose partial derivatives are all negative.



# Monotone toric domains

## Remark

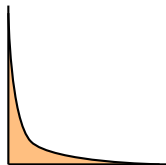
Monotone toric domains are not necessarily convex.



# Monotone toric domains

## Remark

Monotone toric domains are not necessarily convex.



## Proposition

A 4-dimensional toric domain  $X_\Omega$  is (strictly) monotone if, and only if,  $(\partial X_\Omega, \alpha_0)$  is dynamically convex.

# Strong Viterbo conjecture

## Theorem (Gutt–Hutchings–R. 2020)

*For a monotone toric domain  $X_\Omega \subset \mathbb{R}^4$  all symplectic capacities coincide.*

# Strong Viterbo conjecture

## Theorem (Gutt–Hutchings–R. 2020)

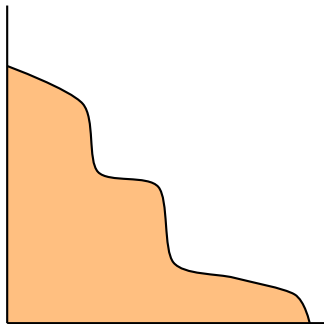
*For a monotone toric domain  $X_\Omega \subset \mathbb{R}^4$  all symplectic capacities coincide.*

## Theorem

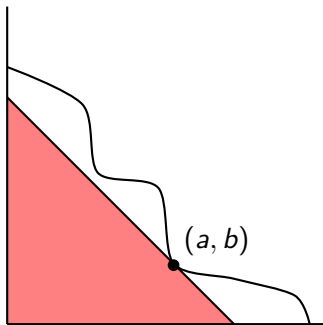
*For a monotone toric domain  $X_\Omega \subset \mathbb{R}^{2n}$ ,*

$$c_{Gr}(X_\Omega) = c_1^{CH}(X_\Omega).$$

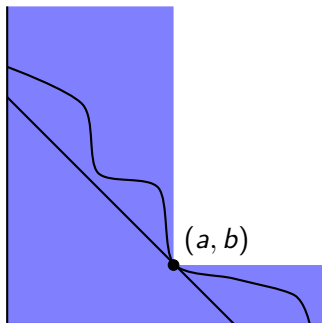
# Proof



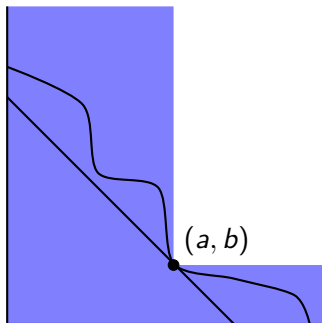
# Proof



# Proof



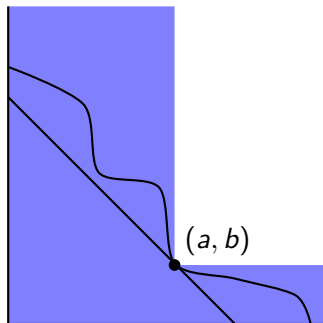
# Proof



The second theorem follows from this picture and a result by Gutt–Hutchings.



# Proof



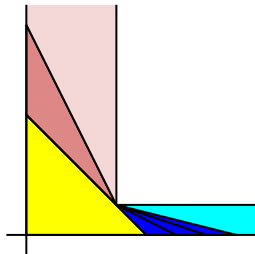
The second theorem follows from this picture and a result by Gutt–Hutchings.

In dimension 4, let

$$Z_2(a, b) := \{(z_1, z_2) \in \mathbb{C}^2 \mid \pi|z_1|^2 \leq a \text{ or } \pi|z_2|^2 \leq b\}.$$

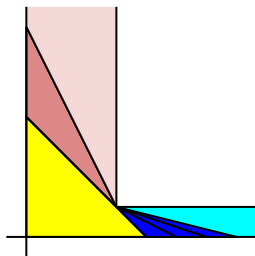
# Proof

$Z_2(a, b)$  is a concave toric domain with weight sequence  $(a + b, a, b, a, b, a, b, \dots)$ .



# Proof

$Z_2(a, b)$  is a concave toric domain with weight sequence  $(a + b, a, b, a, b, a, b, \dots)$ .



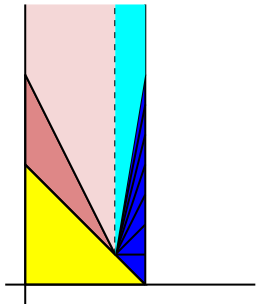
## Theorem (Cristofaro-Gardiner)

If  $X_\Omega$  is a concave toric domain with weight sequence  $(w_1, w_2, \dots)$ .

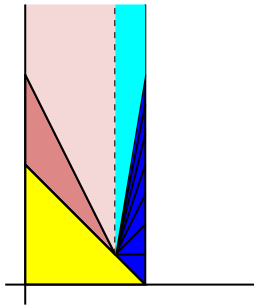
Then

$$X_\Omega \xrightarrow{s} Z^4(r) \iff \bigsqcup_i B(w_i) \xrightarrow{s} Z^4(r).$$

# Proof



# Proof



## Corollary

$$Z_2(a, b) \xrightarrow{s} Z^4(a+b).$$

## Proof

So

$$B^4(a+b) \subset X_\Omega \subset Z_2(a,b) \xrightarrow{s} Z^4(a+b).$$

## Proof

So

$$B^4(a+b) \subset X_\Omega \subset Z_2(a,b) \xrightarrow{s} Z^4(a+b).$$

Therefore

$$c_{Gr}(X_\Omega) = c_Z(X_\Omega) = a + b.$$

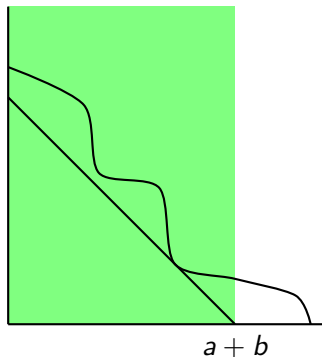
## Proof

So

$$B^4(a+b) \subset X_\Omega \subset Z_2(a,b) \xrightarrow{s} Z^4(a+b).$$

Therefore

$$c_{Gr}(X_\Omega) = c_Z(X_\Omega) = a+b.$$





## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

Characteristic flow:

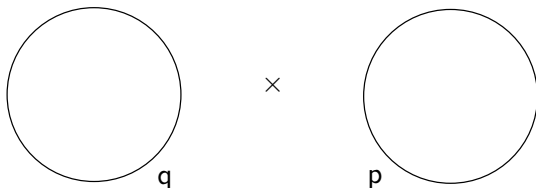
$$\begin{aligned} \sum_i \nu_p^i \frac{\partial}{\partial q_i} & \text{ on } K \times \partial T \\ - \sum_i \nu_q^i \frac{\partial}{\partial p_i} & \text{ on } \partial K \times T. \end{aligned}$$

## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

Characteristic flow:

$$\begin{aligned} \sum_i \nu_p^i \frac{\partial}{\partial q_i} & \text{ on } K \times \partial T \\ - \sum_i \nu_q^i \frac{\partial}{\partial p_i} & \text{ on } \partial K \times T. \end{aligned}$$

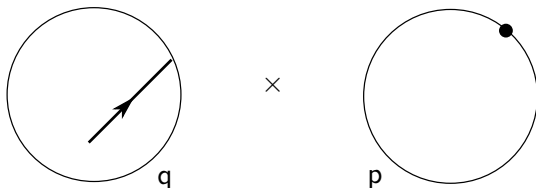


## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

Characteristic flow:

$$\begin{aligned} \sum_i \nu_p^i \frac{\partial}{\partial q_i} & \text{ on } K \times \partial T \\ - \sum_i \nu_q^i \frac{\partial}{\partial p_i} & \text{ on } \partial K \times T. \end{aligned}$$

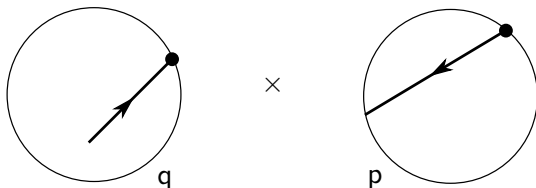


## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

Characteristic flow:

$$\begin{aligned} \sum_i \nu_p^i \frac{\partial}{\partial q_i} & \text{ on } K \times \partial T \\ - \sum_i \nu_q^i \frac{\partial}{\partial p_i} & \text{ on } \partial K \times T. \end{aligned}$$

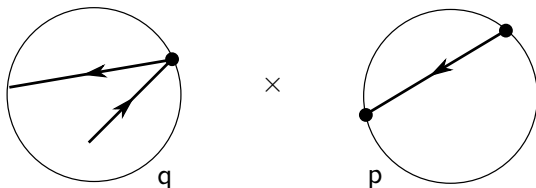


## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

Characteristic flow:

$$\sum_i \nu_p^i \frac{\partial}{\partial q_i} \text{ on } K \times \partial T$$
$$- \sum_i \nu_q^i \frac{\partial}{\partial p_i} \text{ on } \partial K \times T.$$

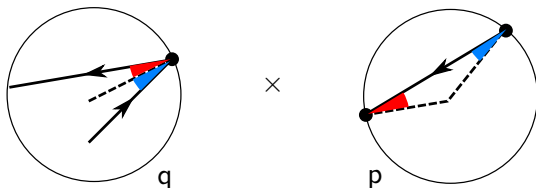


## Lagrangian products

$$K \times T = \{(q, p) \in \mathbb{C}^n \mid q \in K \text{ and } p \in T\}.$$

Characteristic flow:

$$\sum_i \nu_p^i \frac{\partial}{\partial q_i} \text{ on } K \times \partial T$$
$$- \sum_i \nu_q^i \frac{\partial}{\partial p_i} \text{ on } \partial K \times T.$$



## Toric domains in disguise

Specific examples:

- ▶ The Lagrangian bidisk  $D^2 \times D^2 \subset \mathbb{R}^4$  is symplectomorphic to a concave toric domain. (R. 2017)



## Toric domains in disguise

Specific examples:

- ▶ The Lagrangian bidisk  $D^2 \times D^2 \subset \mathbb{R}^4$  is symplectomorphic to a concave toric domain. (R. 2017)
- ▶ The  $L^p$  sum of two disks is symplectomorphic to a toric domain. (Ostrover– R. 2020)

# Toric domains in disguise

Specific examples:

- ▶ The Lagrangian bidisk  $D^2 \times D^2 \subset \mathbb{R}^4$  is symplectomorphic to a concave toric domain. (R. 2017)
- ▶ The  $L^p$  sum of two disks is symplectomorphic to a toric domain. (Ostrover– R. 2020)
- ▶ The unit disk bundles  $D^*S_+^2$  and  $D^*(S^2 \setminus \{x\})$  are symplectomorphic to  $B(2\pi)$  and  $P(2\pi, 2\pi)$ , respectively. (Ferreira– R. 2021)

# Toric domains in disguise

Specific examples:

- ▶ The Lagrangian bidisk  $D^2 \times D^2 \subset \mathbb{R}^4$  is symplectomorphic to a concave toric domain. (R. 2017)
- ▶ The  $L^p$  sum of two disks is symplectomorphic to a toric domain. (Ostrover– R. 2020)
- ▶ The unit disk bundles  $D^*S^2_+$  and  $D^*(S^2 \setminus \{x\})$  are symplectomorphic to  $B(2\pi)$  and  $P(2\pi, 2\pi)$ , respectively. (Ferreira– R. 2021)

Large classes of examples:

- ▶ The Lagrangian product of a hypercube and a **symmetric** region in  $\mathbb{R}^{2n}$  is symplectomorphic to a toric domain. (R.– Sepe, 2019)

# Toric domains in disguise

Specific examples:

- ▶ The Lagrangian bidisk  $D^2 \times D^2 \subset \mathbb{R}^4$  is symplectomorphic to a concave toric domain. (R. 2017)
- ▶ The  $L^p$  sum of two disks is symplectomorphic to a toric domain. (Ostrover– R. 2020)
- ▶ The unit disk bundles  $D^*S_+^2$  and  $D^*(S^2 \setminus \{x\})$  are symplectomorphic to  $B(2\pi)$  and  $P(2\pi, 2\pi)$ , respectively. (Ferreira– R. 2021)

Large classes of examples:

- ▶ The Lagrangian product of a hypercube and a **symmetric** region in  $\mathbb{R}^{2n}$  is symplectomorphic to a toric domain. (R.– Sepe, 2019)
- ▶ The Lagrangian product of a regular simplex  $\Delta^n$  and a **symmetric** region in  $\mathbb{R}^n$  is symplectomorphic to a toric domain. (Ostrover– R.– Sepe, 2022)

## The Arnold-Liouville theorem

Fix  $(M^{2n}, \omega)$  and let  $F = (H^1, \dots, H^n) : M \rightarrow \mathbb{R}^n$  whose components Poisson commute.

## The Arnold-Liouville theorem

Fix  $(M^{2n}, \omega)$  and let  $F = (H^1, \dots, H^n) : M \rightarrow \mathbb{R}^n$  whose components Poisson commute.

- ▶ If  $c \in \mathbb{R}^n$  is a regular value of  $F$  and  $F^{-1}(c)$  is compact and connected, then  $F^{-1}(c) \cong \mathbb{T}^n$ .

## The Arnold-Liouville theorem

Fix  $(M^{2n}, \omega)$  and let  $F = (H^1, \dots, H^n) : M \rightarrow \mathbb{R}^n$  whose components Poisson commute.

- ▶ If  $c \in \mathbb{R}^n$  is a regular value of  $F$  and  $F^{-1}(c)$  is compact and connected, then  $F^{-1}(c) \cong \mathbb{T}^n$ .
- ▶ Let  $U$  be a simply-connected open set of regular points. For  $c \in F(U)$ , let  $\{\gamma_1^c, \dots, \gamma_n^c\}$  be simple closed curves generating  $H_1(F^{-1}(c); \mathbb{Z})$  and suppose  $\omega = d\lambda$  on  $U$ . Let

$$\phi(c) = \left( \int_{\gamma_1^c} \lambda, \dots, \int_{\gamma_n^c} \lambda \right).$$

## The Arnold-Liouville theorem

Fix  $(M^{2n}, \omega)$  and let  $F = (H^1, \dots, H^n) : M \rightarrow \mathbb{R}^n$  whose components Poisson commute.

- ▶ If  $c \in \mathbb{R}^n$  is a regular value of  $F$  and  $F^{-1}(c)$  is compact and connected, then  $F^{-1}(c) \cong \mathbb{T}^n$ .
- ▶ Let  $U$  be a simply-connected open set of regular points. For  $c \in F(U)$ , let  $\{\gamma_1^c, \dots, \gamma_n^c\}$  be simple closed curves generating  $H_1(F^{-1}(c); \mathbb{Z})$  and suppose  $\omega = d\lambda$  on  $U$ . Let

$$\phi(c) = \left( \int_{\gamma_1^c} \lambda, \dots, \int_{\gamma_n^c} \lambda \right).$$

Then there exists a symplectomorphism

$\Phi : (U, \omega) \rightarrow (\phi(U) \times \mathbb{T}^n, \omega_0)$  such that the following diagram commutes.

$$\begin{array}{ccc} U & \xrightarrow{\Phi} & \phi(U) \times \mathbb{T}^n \\ \downarrow F & & \downarrow \pi_1 \\ F(U) & \xrightarrow{\phi} & \phi(U) \end{array}$$



## The Arnold-Liouville theorem in action

$$H_\epsilon(\mathbf{q}, \mathbf{p}) = \frac{1}{2}|\mathbf{p}|^2 + \frac{\epsilon}{1 - |\mathbf{q}|^2}, \quad J(\mathbf{q}, \mathbf{p}) = \mathbf{q} \times \mathbf{p}.$$

## The Arnold-Liouville theorem in action

$$H_\epsilon(\mathbf{q}, \mathbf{p}) = \frac{1}{2}|\mathbf{p}|^2 + \frac{\epsilon}{1 - |\mathbf{q}|^2}, \quad J(\mathbf{q}, \mathbf{p}) = \mathbf{q} \times \mathbf{p}.$$

$D^2 \times D^2$  is symplectomorphic to a toric domain  $X_\Omega$ , where  $\Omega$  is the domain bounded by the coordinate axis and the curve parametrized by:

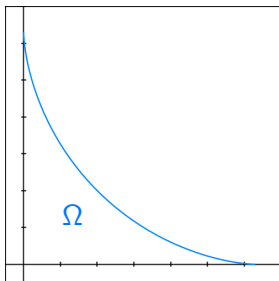
$$\left( 2 \sin \frac{\alpha}{2} - \alpha \cos \frac{\alpha}{2}, 2 \sin \frac{\alpha}{2} + (2\pi - \alpha) \cos \frac{\alpha}{2} \right), \alpha \in [0, 2\pi]$$

## The Arnold-Liouville theorem in action

$$H_\epsilon(\mathbf{q}, \mathbf{p}) = \frac{1}{2}|\mathbf{p}|^2 + \frac{\epsilon}{1 - |\mathbf{q}|^2}, \quad J(\mathbf{q}, \mathbf{p}) = \mathbf{q} \times \mathbf{p}.$$

$D^2 \times D^2$  is symplectomorphic to a toric domain  $X_\Omega$ , where  $\Omega$  is the domain bounded by the coordinate axis and the curve parametrized by:

$$\left( 2 \sin \frac{\alpha}{2} - \alpha \cos \frac{\alpha}{2}, 2 \sin \frac{\alpha}{2} + (2\pi - \alpha) \cos \frac{\alpha}{2} \right), \alpha \in [0, 2\pi]$$



# The Arnold-Liouville Theorem in action

Theorem (Ostrover–R.–Sepe)

$$\Delta \times \text{Hex} \cong B^4.$$

# The Arnold-Liouville Theorem in action

## Theorem (Ostrover–R.–Sepe)

$$\triangle \times \square \cong B^4.$$

First idea:

$$H(q, p) = \frac{1}{2}|p|^2 + \text{reflection law.}$$

$$J(q, p) = \frac{1}{3}\text{Re}(p^3)$$

# The Arnold-Liouville Theorem in action

## Theorem (Ostrover-R.-Sepe)

$$\Delta \times \text{Hex} \cong B^4.$$

First idea:

$$H(\mathbf{q}, \mathbf{p}) = \frac{1}{2}|\mathbf{p}|^2 + U(\mathbf{q}).$$

$$J(\mathbf{q}, \mathbf{p}) = \frac{1}{3}\text{Re}(\mathbf{p}^3) + \mathbf{p} \times \nabla U(\mathbf{q}).$$

## The Toda lattice

$$H(q, p) = \frac{1}{2} \sum_{i=1}^n p_i^2 + \sum_{i=1}^{n-1} e^{q_i - q_{i+1}} + e^{q_n - q_1}.$$

# The Toda lattice

$$H(q, p) = \frac{1}{2} \sum_{i=1}^n p_i^2 + \sum_{i=1}^{n-1} e^{q_i - q_{i+1}} + e^{q_n - q_1}.$$

Flaschka coordinates:

$$a_i = e^{\frac{1}{2}(q_i - q_{i+1})}, \quad b_i = -p_i.$$



# The Toda lattice

$$H(q, p) = \frac{1}{2} \sum_{i=1}^n p_i^2 + \sum_{i=1}^{n-1} e^{q_i - q_{i+1}} + e^{q_n - q_1}.$$

Flaschka coordinates:

$$a_i = e^{\frac{1}{2}(q_i - q_{i+1})}, \quad b_i = -p_i.$$

$$H(a, b) = \frac{1}{2} \sum_{i=1}^n b_i^2 + \sum_{i=1}^n a_i^2$$

# The Toda lattice

$$H(q, p) = \frac{1}{2} \sum_{i=1}^n p_i^2 + \sum_{i=1}^{n-1} e^{q_i - q_{i+1}} + e^{q_n - q_1}.$$

Flaschka coordinates:

$$a_i = e^{\frac{1}{2}(q_i - q_{i+1})}, \quad b_i = -p_i.$$

$$H(a, b) = \frac{1}{2} \sum_{i=1}^n b_i^2 + \sum_{i=1}^n a_i^2$$

Hamiltonian system:

$$\begin{aligned} \dot{b}_i &= a_i^2 - a_{i-1}^2 \\ \dot{a}_i &= \frac{1}{2} a_i (b_{i+1} - b_i). \end{aligned}$$

## Lax pair formulation

There exists a Lax pair  $(L, B)$  such that the Hamiltonian system above is equivalent to  $\dot{L} = [B, L]$ ,

$$L = \begin{pmatrix} b_1 & a_1 & 0 & \dots & a_n \\ a_1 & b_2 & a_2 & \dots & 0 \\ 0 & a_2 & b_3 & \dots & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ a_n & 0 & 0 & \dots & b_n \end{pmatrix}.$$

## Lax pair formulation

There exists a Lax pair  $(L, B)$  such that the Hamiltonian system above is equivalent to  $\dot{L} = [B, L]$ ,

$$L = \begin{pmatrix} b_1 & a_1 & 0 & \dots & a_n \\ a_1 & b_2 & a_2 & \dots & 0 \\ 0 & a_2 & b_3 & \dots & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ a_n & 0 & 0 & \dots & b_n \end{pmatrix}.$$

### Theorem (Toda)

*The spectrum of  $L$  is invariant under the flow.*

## Action-angle coordinates

### Theorem (Flaschka–McLaughlin, van Moerbeke, Moser)

Let  $\Delta(\lambda) = \det(L - \lambda I)^2 - 2$  and let  $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_{2n}$  be the roots of  $\Delta(\lambda)^2 - 4$ .

## Action-angle coordinates

### Theorem (Flaschka–McLaughlin, van Moerbeke, Moser)

Let  $\Delta(\lambda) = \det(L - \lambda I)^2 - 2$  and let  $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_{2n}$  be the roots of  $\Delta(\lambda)^2 - 4$ . Then the reduced manifold  $\{(q, p) \in \mathbb{R}^{2n} \mid \sum_i p_i = 0\} / \sim$  is symplectomorphic to a toric manifold with moment map coordinates given by

$$\int_{\lambda_{2i}}^{\lambda_{2i+1}} \cosh^{-1} \left| \frac{\Delta(\lambda)}{2} \right| d\lambda.$$

## Action-angle coordinates

### Theorem (Flaschka–McLaughlin, van Moerbeke, Moser)

Let  $\Delta(\lambda) = \det(L - \lambda I)^2 - 2$  and let  $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_{2n}$  be the roots of  $\Delta(\lambda)^2 - 4$ . Then the reduced manifold  $\{(q, p) \in \mathbb{R}^{2n} \mid \sum_i p_i = 0\} / \sim$  is symplectomorphic to a toric manifold with moment map coordinates given by

$$\int_{\lambda_{2i}}^{\lambda_{2i+1}} \cosh^{-1} \left| \frac{\Delta(\lambda)}{2} \right| d\lambda.$$

### Theorem (Ostrover–R.–Sepe)

$\Delta^{n-1} \times \mathbb{R}^{n-1}$  has a toric action whose moment map is given by

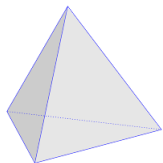
$$\begin{aligned} \Delta^{n-1} \times \mathbb{R}^{n-1} &\rightarrow \mathbb{R}_{\geq 0}^{n-1} \\ (q, p) &\mapsto (p_{i_1} - p_{i_2}, p_{i_2} - p_{i_3}, \dots, p_{i_{n-1}} - p_{i_n}), \end{aligned}$$

where  $p_{i_1} \geq p_{i_2} \geq \dots \geq p_{i_n}$ .

# The ball

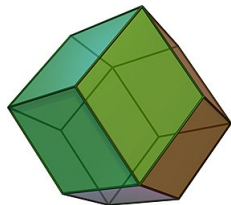
## Corollary

*The ball is symplectomorphic to the Lagrangian product of*



*(n-simplex)*

*and*



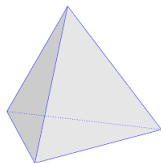
*(rhombic dodecahedron)*



# The ball

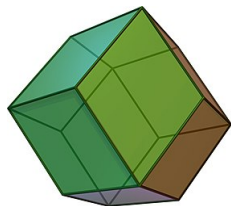
## Corollary

*The ball is symplectomorphic to the Lagrangian product of*



*(n-simplex)*

*and*



*(rhombic dodecahedron)*

**Observation:** One can independently verify that the Lagrangian product above satisfies the equality in Viterbo's conjecture.